



**PUMA Karate - Yamabiko Dojo**  
*Simi Valley's Premier Family Martial Arts Center*  
 Karate • Jujitsu • Taijitsu • Pressure Points  
 (805) 578-2401  
*"Helping You Achieve Your Hopes & Dreams Through The Martial Arts!"*  
[www.yamabikodojo.com](http://www.yamabikodojo.com) • [www.PUMAKarate.com](http://www.PUMAKarate.com)

### CLASS SCHEDULE

Belt Rank	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lil Dragons 3 - 5 year olds</b>						
Dragon			8:30am-9:15	9:00am-9:45		9:00am-9:45
Dragon						10:00am-10:45
<b>Pee Wees 5 - 6 year olds</b>						
<b>Yellow white-stripe &amp; Up</b>						
White-Purple		3:30-4:15	3:30-4:15	*4:30-5:30	3:30 -4:15	11:00-11:45
<b>JUNIORS 7-12 year olds</b> Yellow Belt & Up Only						
White -Purple		4:30 -5:30	4:30 -5:30	*4:30 -5:30	4:30-5:30	11:00-11:45
Blue -Green Black		5:30 -6:30	5:30-6:30	*5:30-6:30	5:30 -6:30	
<b>ADULTS 13 year olds and over</b>						
All Ranks	9:30am -10:30am		9:30am -10:30am		9:30am -10:30am	
white -Purple		6:30-7:30	6:30 -7:30		6:30-7:30	11:00 -11:45
Blue & Up		7:30 -8:30	7:30 -8:30	Yellow & up *6:45-7:45	7:30-8:30	<b>Brazilian Jujitsu</b>  12:00-1:00
Brown & Brown-Black	5:30-6:15	<b><u>FULL REQUIRED UNIFORMS FOR CLASSES!!</u></b> <b>Thursday Sparring Classes -</b> <b>Sparring equipment MANDATORY for ALL students</b> (headgear, hand & footgear, mouthpiece & cup/supporter for men) <b>NO UNSUPERVISED SPARRING!!!!</b>				
Black belt	6:15 -7:00					
Brazilian Jujitsu	7:00-8:00					
<b>Pressure Point Defense Systems, Inc.™</b>						